



## We have the secret sauce



### TD SCHOLARSHIPS

The TD Scholarship for Community Leadership rewards students who have shown leadership in the areas of local employment programs, environmental cleanup, support group creation, and family services initiatives. Twenty students from different communities across Canada received this scholarship last year.

As a Student Leadership Advisor, you are in a unique position to help your students learn about this scholarship. Or perhaps you know a student in grade 9, 10 or 11 who, with a little coaching, could easily become a strong candidate. This scholarship is open to all students in their final year of high school or CEGEP.

Applications for 2020 will open in the beginning of September 2020. Final applications are due November 15, 2020. Let your students know about this opportunity, and visit the website to learn more:

[www.tdcanadatrust.com/scholarship](http://www.tdcanadatrust.com/scholarship)

It has been about a year since I had a Big Mac, so I recently attempted a Big Mac reassessment at our local McDonalds. I rarely use the order-kiosks, as I prefer to keep the humans employed as long as possible, but the line-up for the register was too long this day. I followed the kiosk prompts which revealed to me a magnificent specimen of a Big Mac that resonated with my Mc-memory and taste buds – so I ordered. Upon delivery, the squashed specimen in the cardboard box did not look anything like the magnificent, dewy model presented only 5 minutes and 3 meters away. Mc-letdown again!

You will have golden memories of your previous years' activities and those experiences will guide and temper your efforts this year. However – you know that this year will be at odds with your memories and intentions. You will need a unique approach and a special sauce to make this upcoming year palatable and invigorating for your school culture and local community.

CSLA is here with our own special sauce and leadership protein, and we are ready to support you with our online community and programs. It will be different for us as well, but leadership advisors are adaptive. We have postponed our national conference until September of 2021, and CSLA will be running online seminars for our members to support advisors and students. Our *Student Leadership Certification Program* is now online to assist students in enhancing their leadership training. We hope to be back in second semester with *Horizons* and our new venture, *Change Café*, to bring leadership opportunities directly to your local area.

This year, your empathetic but dynamic support of your students is important for your staff and school. This year more than ever, your membership support of CSLA is crucial for all of us.

Avoid the Mc-letdown. Engage with our programs and renew your CSLA membership. Your participation and energy will strengthen our leadership network across Canada.

*Dave Conlon*

*Technology is nothing. What's important is that you have faith in people, that they are basically good and smart, and if you give them tools, they'll do wonderful things with them.*

Steve Jobs

## Paper Plate Person – Social Justice Project

Projects are learning experiences and having students create a project in a novel, creative manner makes the project all the more memorable.

### Task:

Research a person who has affected change, fought for social justice and who advocated for humanitarian efforts. Compile the answers to the research questions below and transfer them onto a paper plate. Your paper plate must include the name of the person and a picture of the person you researched.

BE CREATIVE. BE COLOURFUL. BE THOROUGH. BE JUST.

### Paper Plate People: Possible Nominees

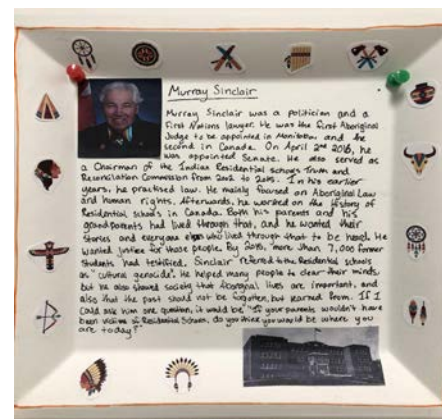
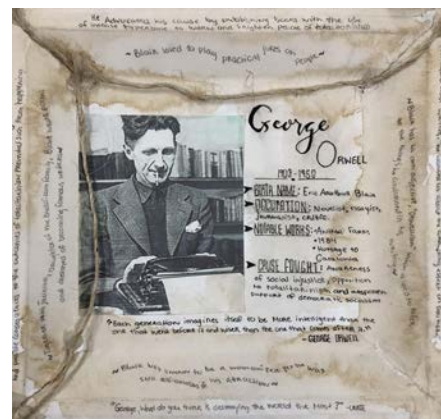
Autumn Peltier	Georges Erasmus	Louis Riel
Amal Clooney	Gloria Steinem	Magic Johnson
Bono	Helen Keller	Malala Yousafzai
Cesar Chavez	Helen Caldicott	Nellie McClung
David Suzuki	Hugh Burnett	Nelson Mandela
Eleanor Roosevelt	Jaime Black	Oprah
Ellen DeGeneres	Johns Hopkins	Paul Watson
Emily Murphy	June Callwood	Per Anger
Emmeline Pankhurst	Lady Gaga	Rosa Parks
Florence Nightingale	Louis Pasteur	Tyrone Tootoosis

### Questions:

- Who are they? (scientist? Singer? Politician? Etc...) 2–3 interesting facts about them.
- What is their main cause that they “fought” for?
- How do/did they advocate for their cause?
- What is/was their legacy?
- How have they influenced society?
- If you could meet them what one question would you ask them?

Katherine Lefebvre

Dollard-des-Ormeaux School



### SHAD CANADA

Are your students looking to expand their knowledge and creative skill set?

Shad is a unique learning experience for students completing grade 10 or 11. Shad participants spend a summer at one of 19 Canadian universities. You are guaranteed not to be placed at a university closest to where you live, because a big part of Shad's transformative experience is living outside of your comfort zone.

Shad looks for diversity and well-roundedness in their participants and not just high academic standing. Students who are natural go-getters, curious about the world, and community-minded are the types that excel at Shad.

Applications close in mid-November at: [shad.ca](http://shad.ca)

Students from rural and remote areas are encouraged to apply. There is a fee to attend Shad, but financial assistance is available.

## Bringing about Social Change

We have seen the rise of many social movements recently and a few have been successful and others have died after large rallies without any real change. The *Occupy Wall Street* movement raised social awareness about income inequality issues but was unable to provide solutions that were implemented.

Julie Battilana identifies the three types of behavior that you need to bring about lasting social change. She states that “If you look at the history of any successful social change movement, you’ll see there were moments of really effective agitation, innovation, and orchestration that led to the adoption of the change.” The three types needed are:

An **agitator** brings the grievances of specific individuals or groups to the forefront of public awareness.

An **innovator** creates an actionable solution to address these grievances.

An **orchestrator** coordinates action across groups, organizations, and sectors to scale the proposed solution.



Any pathway to successful social change requires all three. Agitation without innovation means complaints without ways forward, and innovation without orchestration means ideas without impact or staying power.

Young people today want to be part of positive social change and they will rally around movements, but we need to help them understand how to make this a successful journey for change. They must also understand that not everyone can fill all three roles, so they need to find like-minded peers who will fulfill the necessary roles.

We meet the agitator first because they are upset at and inteny on upsetting the status quo. The agitator's extroverted approach in their highlighting of an issue brings attention to them and the issue. Agitators have a personal power to attract others, but they must attract and allow the innovator to provide solutions. They must both then find an orchestrator who is able to mobilize all stakeholders around the solution and ensure its adoption.

It is the agitator who first highlights an issue and then rallies the crowd. However, for the movement to grow beyond just complaining, a strategy must be proposed and put into place by the innovator. Finally, the strategy must be implemented and sustained by the orchestrator.

Any social movement is fluid, and the changing realities of any movement demand that people must play different roles at different times. Knowing how to bring about successful change is a step towards making it happen.

from the article *Should you Agitate, Innovate or Orchestrate?* by Julie Battilana

*Your life is what you choose to do next.*

Chris Hadfield

### CSLA LEADERSHIP AWARDS 2020

This past May, CSLA awarded twelve \$500 scholarships to the following student leaders:

Sarah Nagel, Rimby High, AB

Shubhkarman Jaura, Maples Coll., MB

Emmy Curtis, Yale Secondary, BC

Katherine Charette, Kitchener Coll., ON

Sydney Winterholt, John Paul II, SK

Annie Wu, R. A. McMath, BC

Jenna Keverygyga, Centennial High, AB

James Poole, St. Lewis Academy, NL

Ava Jan Szollosy, Beaconsfield High, QC

Jenna Legge, Kennebecasis Valley, NB

Frouke de Backer, Kensington High, PEI

Katie Hart, St. Patrick High, NT

The winner of the Bill Conconi Award: *Charlie Reist* from Kitchener Collegiate in Kitchener, ON.

# Great Ideas Start with Coffee

On March 5th, 2020, the library at Sir John A. Macdonald S.S. turned into a café featuring coffee, tea, hot chocolate and some delicious pastries along with soft café music. CSLA introduced our new program which brought together 50 student leaders and 10 community leaders for a morning round-table session on what a great community looks like. At each table, 5-6 students joined a community leader and a student facilitator with some guiding questions to get things going.



The goal of Change Café is for student voice to be heard, with community leaders providing insight and resources to help students turn their ideas and visions into reality for their community. Change Café is a supplemental program to Horizons Leadership Conferences, and serves as an engaging opportunity for students to take action on the inspirations from Horizons.

In the early stages of planning, the student organizers of the event composed a list of key people in the community whom they wanted to connect with, learn from, or share their thoughts with. In total, ten community leaders from different backgrounds participated. Leaders who joined us included our local MP, a representative from the local police, Chair of the local Food Bank, YMCA GM, rep from the University of Waterloo, city councillor, Anishnabeg Outreach rep, Shad CEO, local technology rep, and a public health nurse.

Students participated in three-20-minute sessions with a different community leader each time. In between each session, students and community leaders had ten minutes to network, share resources and get to know one another. The student-facilitators worked with students through a series of themes and questions with the overarching idea of, “What would make your community a better place to be?”

In session one, students were asked to think about what the biggest strength of their school and their community was. As a group, they discussed how the diversity of people around them is what makes their community better, and how diversity opens up so many new opportunities for them as youth.

In session two, we discussed what limitations they face as a young person. What is an answer they received from an adult that they didn't like? How can they as young people find ways to make impact in their community? These questions helped to give students their voice in a room full of adults, letting them know that “you are too young” is not an answer they like to hear. Students commented on the various community initiatives that they are involved in and were able to share information with other students who were interested.



In the final session, we asked, “What is an important conversation we are not having in this community?” This open-ended question allowed students to share about resources and opportunities they wish they had access to, opportunities that have been made to seem less important than others, and eventually, looped right back to the conversation about respecting the diversity that exists within a community. Students were eager to discuss access to financial literacy programs, continuing to reduce the stigma around mental health, reducing the pressure around entering a STEM field, and the importance of understanding that university is not the only post-secondary option available to them.

At the completion of the three sessions, the larger group worked together as a whole to discuss the common themes that emerged throughout the morning. Students used the theme of diversity to carry their thoughts throughout each session, and how our different ideas and experiences make us a stronger community.

Following the event, we heard from multiple community leaders about how grateful they were to be included in the conversations that happened. Minister Chagger noted during the event that if she had an opportunity like this during high school, there would be no limit to where she would be today and said, “Good things can happen just by coming together”.

Student organizer, Bettina Kapps said this about the event: *“I always knew that young people were capable of achieving amazing things, but to have the support of some of the most powerful and influential community leaders was something unexplainable. At Change Café I was able to communicate with adults that I otherwise would have been too scared to even approach. The opportunity to not only talk with these leaders but work with them on ideas WE want to create, is something I will hold onto for a very long time. Change Café is on the right track to changing the way young people’s voices and ideas are being heard and I can’t wait to see the amazing things that come out of it!”*



Marie De Mey, lead student organizer, said: *“Being the head student organizer for the first ever Change Café was very rewarding, and working in collaboration with both my excellent team and the Canadian Student Leadership Association ensured that we ran a successful event! Watching students of various backgrounds talk to community leaders in the Waterloo Region was so inspiring and I hope there will be many more Change Cafés to come across Canada.”*

Change Cafe acknowledges that youth have a unique voice and gives them the resources for their voice to be heard. Throughout the entire morning, every student was engaged, inspired, and surrounded by an atmosphere of positivity and hope. A group of students from Change Cafe have created an Environmental Council where they will be running a week-long event to promote strategies to help save our planet. Change Cafe was a truly invaluable experience whose impact will continue to inspire change for years to come.

Overall, we were thrilled with the outcome of this new program. New ideas were generated from students engaging within their community and their school, and discussing how to make it a better place.

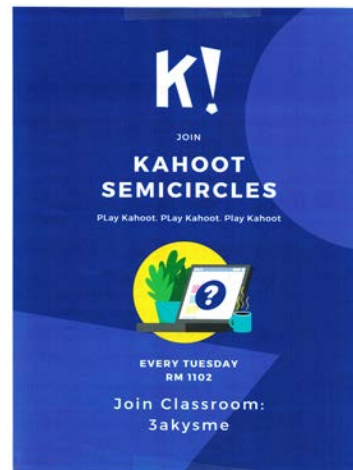
To learn more about hosting a Change Café, visit our website: [www.studentleadership.ca](http://www.studentleadership.ca) and select “Change Café” under programs.

## Kahoot! Club

*Go as far as you can see.  
When you get there, you'll  
be able to see even further.*

Thomas Carlyle

The best clubs and activities are those that students initiate and contribute to themselves because of their own personal interests and passions. These clubs often are started as part of the pop culture they participate in and what better place to expand on this interest than at school. Hint: if you are still running a Survivor activity at school, you are doing it for the old people in the building and not the students.



Here is an example of a student taking charge and making current things happen in her school:

“My name is Yoyo and I want to start a Kahoot! Club. What should I do?” In the office, the vice principal looked intrigued as I explained the idea to her. I told the VP that I came up with this idea because last week on a long bus ride, students couldn’t have been more bored. When someone suggested to play Kahoots, their eyes lit up immediately and asked for the game code. That is how powerful Kahoots are for students.

Within two hours, the Kahoot! Club became official. I found a teacher sponsor that signed a few forms and

provided us a classroom each Tuesday at lunch. Two of the students, Anna and Ariel, gladly agreed to be execs that lead the meetings. And that’s honestly all we needed to start a club at my school. All you need is a good idea and a teacher who is willing to sponsor the club.

In Kahoot! Club, students enjoy the friendly competitive atmosphere. There is no fee to join and the members create, share, and play Kahoots!. This week, we will be learning about Pi day and Easter traditions, while usually we just choose a random topic to learn interesting facts. You may think this is just some regular trivia club, but with Kahoots! famous lobby song and easygoing environment, Kahoot! Club is one of a kind!

Yoyo Yuan

Sir John A. Macdonald Secondary School, Waterloo, ON



Ariel, Yoyo (in blue) and Anna creating and finding new Kahoots

## Why is a Pep Rally Theme Important?

At Clayton Heights Secondary, we have one major pep rally each year, which is called *Stampede*. Leading up to the pep rally, we collect \$4 from each student. This money goes towards funding the charitable cause that *Project Equal* is supporting for that year. For example, in a prior year, the money went towards building a school in Ethiopia. Our pep rally has a different theme every year and past years’ themes included Ancient Rome, Disney and Dr. Seuss. These themes are important because they play a vital role in student involvement, nurturing school culture and uniting the school body.



*Stampede* is comprised of many events and dares. Each of these activities requires students to participate, however, participating to complete such tasks in front of hundreds of students can be nerve-racking for many. Choosing an appropriate theme often mitigates this stress by serving as a reminder that the pep rally is for student enjoyment, and it is a safe environment for students to engage in the

pep rally. The themes chosen for our *Stampede* are based on what would be the most appealing to and known by as much of the student body as possible. A theme of this nature can give people an additional reason to be excited for the pep rally, as they will hopefully be able to connect to *Stampede* on a personal level, thus motivating more people to participate.

Our most recent theme was Dr. Seuss. The grade teams were divided by Dr. Seuss’ books and corresponding colours. The grade 8s were the orange Loraxes, the grade 9s were the red Cats (in the Hat), the grade 10s were the blue Hortons (hears a Who), the grade 11s were the green Grinches, and the grade 12s were team rainbow from “Oh, the Places You’ll Go”. One of the events we had last year was a relay race that emulated the spirit of “Oh, the Places You’ ll Go” by incorporating choices with different consequences into the event. Events are accompanied by the playing of theme-related music that teleports the rally to a different world.

Participation in school events and thereby creating a culture in the community is greatly valued at Clayton Heights. We strive to find ways to make everyone feel included and connected at school by trying to provide various means that makes people feel inspired and excited to be at school. Picking a theme for our annual *Stampede* is a legacy that will continue on for many years. It not only makes our pep rallies more exciting and encourage participation, but it also builds and strengthens our community every year.

Krishnaja Tikkisetty

Clayton Heights Secondary, Surrey, BC



*People are frugal in guarding their personal property; but as soon as it comes to squandering time they are most wasteful of the one thing in which it is right to be stingy.*

Seneca

### PROMOTING SUCCESS

How to help your leadership students be successful this year:

#### Do

- Focus on the process, not the end product.
- Encourage your student leaders to self-motivate.
- Keep a long-term perspective for yourself and your students.
- Enjoy the group you have, not the group you wish you had.

#### Don't

- Run more events than last year.
- Worship success.
- Compare this year’s group to last year’s.
- Favour kids based on their performance.

Maintain a year-long perspective. Learning will happen as your student leaders mature over the year. Remember, they are adolescents and most student leaders will act their age more often than not.

### DREAM BIG – START SMALL

Every September is the beginning of something new at high school. Even if last year was a great success, this year’s team is different. Start with small projects that will allow your team to succeed and develop their skills. Build trust with your staff and administration and then stretch the scope of your projects as the year continues. Reflect after each event and look for opportunities to improve. Don’t make the same mistake over and over again.

Making new and more interesting mistakes is a sign of growth. Make sure that your students leave a paper trail or electronic file for future event leaders. It’s much easier to start from a framework than it is to start from a blank page. Leave a legacy of successes behind you as a foundation for new events and new student leaders.

*Just keep in mind:  
the more we value things  
outside our control, the less  
control we have.*  
Epictetus

## Above and Beyond

is the official newsletter of the Canadian Student Leadership Association. The newsletter is published 3 times a year for schools all across Canada.

To learn more about membership, go to:

[www.studentleadership.ca/join/](http://www.studentleadership.ca/join/)

You can contact us at:

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**Canadian Student  
Leadership Association**

## Resources

Be sure to visit the CSLA website for more lesson plans, activity ideas, and a complete list of resources.  
**[studentleadership.ca](http://studentleadership.ca)**



**Canadian  
Student  
Leadership  
Association**

This newsletter has been printed with the generous support of Friesen Yearbooks.  
[www.friesens.com/yearbook](http://www.friesens.com/yearbook)

## Student Leadership Certification Program

The SLCP is a 4-level self-directed leadership program for student leaders across Canada aged 13-18, that covers all facets of student leadership from the early stages of planning to facilitating events to community outreach, school culture and climate, and understanding more about yourself as a leader. The online program is suitable for students in student council and those wanting to enhance their knowledge of student leadership.

You can register to complete the Student Leadership Certification Program (SLCP) as an individual or as part of a leadership class. The program is hosted by Google Classroom, and weekly, Thursday seminars are being co-ordinated through Google Meet.

Level I includes the following topics, and will take approximately 6-8 hours to complete. It is suitable for a student with minimal experience in activities at your school:

- Planning, Organizing, Strategizing
- Teamwork and Communication
- Fundraising and Sponsorship
- Speaking and Facilitation
- Combating Nerves
- Choices in Leadership
- Leadership Styles and Actions
- Emotional Intelligence
- & much more!



Level II continues the work of Level I by enhancing the conversation on many topics and covering multiple new topics. Level II should take students anywhere between 10-16 hours to complete with topics including:

- Event Planning and Evaluation
- Delegating
- Understanding Your School Community
- Followership
- Pep Rallies and Building Spirit
- Integration of Media in School
- Marketing and Creative Design
- Recognition and Appreciation
- Community Outreach
- Mental Fitness
- & much more

The cost for CSLA Member School Students: \$25 per Level. For example, if you enrol in all 4 Levels, your total program cost will be \$100 per student.

The cost for CSLA Non-Member School Students: \$40 per Level. A CSLA membership is \$90 per school year.

Still need more details? – Contact us by emailing: [slcp@studentleadership.ca](mailto:slcp@studentleadership.ca) or by sending us a message on Instagram, [@canadianstudentleaders](https://www.instagram.com/canadianstudentleaders)